

# Channel Bass Inn

BED & BREAKFAST # RESTAURANT

## *Thursday Breakfast*

### *Beverages*

*French-Pressed Local Coffee from AmaRin-English Breakfast Tea-  
Orange Juice*

### *Zucchini Bread*

*Zucchini, Walnuts, Flour, Egg, Cinnamon*

### *Mixed Melons*

*Assorted Seasonal Melons*

### *Three Cheese Omelet*

*Feta, Cheddar, Swiss, Eggs*

### *Grilled Ham Steak*

*Virginia Ham*

### *Wheat Toast*

*Whole Grain Wheat Bread, Butter*

*Any special dietary requests please let us know in advance*